

1stالهلال الأحمر القطري
Qatar Red Crescent

QRCS Annual Scientific Conference

Updates on NCDs at the Primary Health Care Level
28-30 September 2023

Conference Agenda

Time	Event	
Day 1 (Thursday 28 September 2023)		
16:00	Registration	
17:00	Beginning of Opening Ceremony	
17:05	Recitation of the Holy Quran	
17:10	QRCS President Remarks - Mr. Yousef bin Ali Al-Khater	
17:15	Conference Chairman Remarks - Dr. Abdul-Salam Ali Al-Qahtani	
17:20	Documentary on QRCS Medical Activities	
17:25	Introductory Tour of Sideline Exhibition	
17:30-20:00	Session 1: National Diabetes Strategy/NCDs Among Craft and Manual Workers	
17:30-18:00	Breakout Session 1/1: Empowering Communities for Effective NCD Prevention and Control	Dr. Mounir Soussi
18:00-18:30	Breakout Session 1/2: National Diabetes Strategy	Prof. Abdul Badi Abou-Samra
18:30-19:00	Breakout Session 1/3: A Retrospective Study of NCDs Among Blue-Collar Migrant Workers - 3 ERS in Qatar	Dr. Maryam Al-Nesf Al-Mansouri
19:00-19:30	Breakout Session 1/4: Our Story, Mission, Values, and 12 Years of Community Health Services	Dr. Hasan Ali Kasem
19:30-20:00	Panel Discussion	

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Time	Event	
Day 2 (Friday 29 September 2023)		
07:30-08:00	Registration	
08:00-09:30	Session 2: Diabetes Management in PHC	
08:00-08:25	Breakout Session 2/1: Patient-Centered Health Care for Diabetes	Dr. Samya Ahmad Al Abdulla
08:25-08:50	Breakout Session 2/2: Barriers to Diabetes Management in PHC	Dr. Dahlia Mustafa Hassan
08:50-09:15	Breakout Session 2/3: Diabetes Medication Management in PHC	Dr. Yasser Morsy
09:15-09:30	Panel Discussion	
09:30-10:00	Break	
10:00-11:30	Session 3: PHC-Based Cardiovascular Risk Management in Diabetic Patients	
10:00-10:25	Breakout Session 3/1: Heart Failure, Follow-up, and Management for Diabetes	Dr. Abdelatah Elasar
10:25-10:50	Breakout Session 3/2: Diabetic Chronic Kidney Disease: Evaluation and Management	Dr. Saifatullah Khan
10:50-11:15	Breakout Session 3/3: Diabetic Neuropathy: Evaluation and Management	Dr. Rayaz A. Malik
11:15-11:30	Panel Discussion	
11:30-13:00	Lunch and Prayer Break	
13:00-14:30	Session 4: Eye Manifestations in NCDs (Diabetes/Hypertension/Thyroid)	
13:00-13:25	Breakout Session 4/1: Ophthalmic Complications of Diabetes	Dr. Anant Pai
13:25-13:50	Breakout Session 4/2: Ocular Effects of Hypertension	Dr. Saket Arya
13:50-14:15	Breakout Session 4/3: Thyroid Eye Disease	Dr. Mahran Wajih Zeno
14:15-14:30	Panel Discussion	
14:30-15:30	Session 5: Diabetes and Mental Health	
14:30-15:10	Breakout Session 5/1: Diabetes and Mental Health: Assessment and Management in PHC	Dr. Yousaf Iqbal & Dr. Banan Khalid
15:10-15:30	Q&A	
15:30-16:00	Prayer Break	
16:00-17:30	Session 6: Diabetes Guidelines – Self-Care in Diabetes	
16:00-16:25	Breakout Session 6/1: Global Diabetes Guidelines: Ready or Custom-Made Approach? Outside-the-Box Thinking	Dr. Amin Ahmad Jayyousi
16:25-16:50	Breakout Session 6/2: Role of Self-Care in the Management of Diabetes	Dr. Manal Musallam Othman
16:50-17:15	Breakout Session 6/3: Diabetic Foot: Assessment, Management, and Referral	Dr. Salah Abdulkarim Alburdeni
17:15-17:30	Q&A	
17:30-18:00	Session 7: Asthma in PHC	
17:30-17:50	Breakout Session 7/1: Asthma Management in PHC	Dr. Abdul Hadi Mohammad Fayeze Mansour
17:50-18:00	Q&A	



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Time	Event	
Day 3 (Saturday 30 September 2023)		
07:30-08:00	Check-in and Welcome	
08:00-09:30	Session 8: Dyslipidemia in Adults	
08:00-08:20	Breakout Session 8/1: Initial Evaluation and Risk Assessment of Dyslipidemia	Dr. Mohsen Eledrisi
08:20-08:40	Breakout Session 8/2: Management of Dyslipidemia: A Case-Based Approach	Dr. Mohsen Eledrisi
08:40-09:00	Breakout Session 8/3: Statin Intolerance: Assessment and Management	Dr. Abdel Naser Elzouki
09:00-09:30	Panel Discussion	
09:30-10:00	Break	
10:00-11:30	Session 9: Thyroid Disease in PHC	
10:00-10:25	Breakout Session 9/1: Management of Hyper- and Hypo-Thyroidism in PHC	Dr. Mahmoud Ali Zirie
10:25-10:50	Breakout Session 9/2: Subclinical Thyroid Diseases	Dr. Haidar Albustanji
10:50-11:15	Breakout Session 9/3: Approach Thyroid Nodules in PHC	Dr. Noora Al Thani
11:15-11:30	Panel Discussion	
11:30-13:00	Lunch and Prayer Break	
13:00-15:00	Session 10: Improvement of Hypertension Control in PHC	
13:00-13:25	Breakout Session 10/1: Essential Hypertension: A Case-Based Approach	Dr. Mostafa Fottoh Abdelmagid Elshirbeny
13:25-13:50	Breakout Session 10/2: Resistant Hypertension: Diagnosis and Management	Dr. Mostafa Fottoh Abdelmagid Elshirbeny
13:50-14:15	Breakout Session 10/3: Hypertensive Crisis in PHC	Dr. Akhnuwkh Jones
14:15-15:00	Panel Discussion	
15:00-15:30	Closing Ceremony	