



QRCS Annual Scientific Conference

Updates on NCDs at the Primary Health Care Level

28-30 September 2023

Conference Agenda

Time	Event
Day 1 (Thursday 28 September 2023)	
16:00-17:00	Registration
17:00-17:30	Opening Ceremony
17:30-20:00	Session 1: National Diabetes Strategy/NCDs Among Craft and Manual Workers
17:30-18:00	Breakout Session 1/1: Empowering Communities for Effective NCD Prevention and Control
18:00-18:30	Breakout Session 1/2: National Diabetes Strategy
18:30-19:00	Breakout Session 1/3: A Retrospective Study of NCDs Among Blue-Collar Migrant Workers - 3 ERS in Qatar
19:00-19:30	Breakout Session 1/4: Our Story, Mission, Values, and 12 Years of Community Health Services
19:30-20:00	Panel Discussion
Day 2 (Friday 29 September 2023)	
07:30-08:00	Registration
08:00-09:30	Session 2: Diabetes Management in PHC
08:00-08:25	Breakout Session 2/1: Patient-Centered Health Care for Diabetes
08:25-08:50	Breakout Session 2/2: Barriers to Diabetes Management in PHC
08:50-09:15	Breakout Session 2/3: Diabetes Medication Management in PHC
09:15-09:30	Panel Discussion
09:30-10:00	Break
10:00-11:30	Session 3: PHC-Based Cardiovascular Risk Management in Diabetic Patients
10:00-10:25	Breakout Session 3/1: Heart Failure, Follow-up, and Management for Diabetes
10:25-10:50	Breakout Session 3/2: Diabetic Chronic Kidney Disease: Evaluation and Management
10:50-11:15	Breakout Session 3/3: Diabetic Neuropathy: Evaluation and Management
11:15-11:30	Panel Discussion
11:30-13:00	Lunch and Prayer Break
13:00-14:30	Session 4: Eye Manifestations in NCDs (Diabetes/Hypertension/Thyroid)
13:00-13:25	Breakout Session 4/1: Ophthalmic Complications of Diabetes
13:25-13:50	Breakout Sission 4/2: Ocular Effects of Hypertension
13:50-14:15	Breakout Session 4/3: Thyroid Eye Disease
14:15-14:30	Panel Discussion
14:30-15:30	Session 5: Diabetes and Mental Health
14:30-15:10	Breakout Session 5/1: Diabetes and Mental Health: Assessment and Management in PHC
15:10-15:30	Q&A
15:30-16:00	Prayer Break
16:00-17:30	Session 6: Diabetes Guidelines — Self-Care in Diabetes
16:00-16:25	Breakout Session 6/1: Global Diabetes Guidelines: Ready or Custom-Made Approach? Outside-the-Box Thinking
16:25-16:50	Breakout Session 6/2: Role of Self-Care in the Management of Diabetes
16:50-17:15	Breakout Session 6/3: Diabetic Foot: Assessment, Management, and Referral
17:15-17:30	Q&A
17:30-18:00	Session 7: Asthma in PHC
17:30-17:50	Breakout Session 7/1: Astham Management in PHC
17:50-18:00	Q&A
Day 3 (Saturday 30 September 2023)	
07:30-08:00	Check-in and Welcome
08:00-09:30	Session 8: Dyslipidemia in Adults
08:00-08:20	Breakout Session 8/1: Initial Evaluation and Risk Assessment of Dyslipidemia
08:20-08:40	Breakout Session 8/2: Management of Dyslipidemia: A Case-Based Approach
08:40-09:00	Breakout Session 8/3: Statin Intolerance: Assessment and Management
09:00-09:30	Panel Discussion
09:30-10:00	Break
10:00-11:30	Session 9: Thyroid Disease in PHC
10:00-10:25	Breakout Session 9/1: Management of Hyper- and Hypo-Thyroidism in PHC
10:25-10:50	Breakout Session 9/2: Subclinical Thyroid Diseases
10:50-11:15	Breakout Session 9/3: Approach Thyroid Nodules in PHC
11:15-11:30	Panel Discussion
11:30-13:00	Lunch and Prayer Break
13:00-15:00	Session 10: Improvement of Hypertension Control in PHC
13:00-13:25	Breakout Session 10/1: Essential Hypertension: A Case-Based Approach
13:25-13:50	Breakout Session 10/2: Resistant Hypertension: Diagnosis and Management
13:50-14:15	Breakout Session 10/3: Hypertensive Crisis in PHC
14:15-15:00	Panel Discussion
15:00-15:30	Closing Ceremony